

"Voices of Spirit: Singing the Heart Awake"

Singing opens the heart and lifts the spirit

with

Heather Houston



*Presented by
Yoga Center of Carmel*

*Saturday, September 16
3:00-5:00pm*

*Early registration \$30, at door \$35
To Register, email Kathleen: yogacarmel@aol.com*

*Everyone Welcome
No singing experience necessary*

*Join Heather to free your voice, attune your ear, harmonize, improvise and feel the joy in your heart!
A safe, loving container space is held for voices of every discovery level.*

*Experience the magic of timeless, heart-opening songs and chants
from many traditions that inspire a deeper connection to ourselves,
each other, the planet, and the Spirit of Life that flows through us all!*

Journey from the depths of vocal meditation to the heights of expressive singing!

Deeply rooted near the ocean in Santa Cruz, CA, Heather Houston has devoted her life to revealing the essence of Love through singing. She is a spirited song circle leader, renowned vocal coach, and chart topping recording artist known for her soulful voice and passion for community building. She directs the women's global music choir Yala Lati and is founder of the "Women's Spirit Song" and "Voices of Spirit" chant circles. As a certified yoga teacher, Heather brings a depth of presence, inviting her students to open their voices and soften their hearts from the inside out. www.HeatherHoustonMusic.com



*To early register, email, or send this form with your \$30 tuition to:
Yoga Center of Carmel, "Voices of Spirit", PO Box 1413, Carmel, CA 93921*

Name _____

Email address _____

*Sunset Cultural Center, Cottage #18, 10th Ave. between San Carlos and Mission St., Carmel
www.yogacentercarmel.org yogacarmel@aol.com*